

CHOOSING FRIENDS

Object Lesson On the Influence of Others



MATERIALS:

- Pencils
- “Friends” paper with FRIENDS printed on it

Before class print out the word FRIENDS in large letters, about two inches high or **you can print “FRIENDS” template [here](#)**. During class, give each child the sheet of paper with FRIENDS printed on it and a pencil. Tell them to use the pencil to color in all the letters completely and very dark with the pencil. This may take a few minutes.

After they are finished, you will have them rub their fingers over the letters to see that the graphite from the word friends has rubbed off on them. The pencil should rub off on the student’s hands.

WHAT YOU SHOULD LEARN FROM THE LESSON:

The friends you choose in life can have a big impact on the way you act. Friends can influence what type of clothes you wear, the type of music you listen to, what you believe, the words you use when you speak, the way you treat others, and the list goes on and on. In other words, friends can rub off on you.

Alternate: You can also have someone write the word “Friends” on the chalkboard and then have them rub the letters instead of using a pencil and paper.

DISCUSSION:

Talk about positive ways that each of us can rub off on our friends.

Who is a friend that we want to have rub off on us?

